

mycentre
MULTICULTURAL YOUTH CENTRE
SUPPORT SERVICES



Muslim Youth, Adult & Families (MYAF) Program

Supporting individuals and families from the Islamic Community who are experiencing alcohol and drug related issues.



The Muslim Youth, Adult & Families (MYAF) program is a service delivered to the community free of cost and was established to support individuals and families from the Islamic Community who are experiencing alcohol and drug related issues.

MYAF offers help with counselling, youth support, education programs, support groups and referrals to other support services. This partnership is strengthened by significant Islamic community MYAF partners, principally, MyCentre Multicultural Youth Centre with endorsement by the Islamic Council of Victoria.

Alcohol and Other Drug counselling

Our Alcohol & Other Drug (AOD) counsellors are focused on building strong relationships with clients from Islamic communities and their families to assist clients change behaviours related to AOD use.



Counselling - We offer in person, phone, video call and outreach support.



Assessment - We provide tailored assessment for people's individual needs.



Referral - We can link to withdrawal and rehabilitation programs and a range of other community support services.

Family workers

Our family workers provide practical help, information and holistic support to families and friends impacted by someone's drug and alcohol use in the Islamic community. We offer a range of services such as:

- Brief intervention, in person, by phone or video call
- Educational programs that provide practical support, information and strategies
- Male and female specific support groups that provide education, support and connection
- Option of male and female counsellors and family group support.

Youth workers

Our Youth AOD Outreach workers provide the support to young people (12-25) from the Islamic Community in the north-west metropolitan region of Melbourne.

Youth workers can help with:

- Alcohol and other drug assessment, treatment and support to young people
- Information and education on alcohol and other drugs
- Access to residential services such as detox and rehabilitation services
- Supported referral and follow up to other services (eg. family support, housing, employment, education, specialist youth services, welfare services etc).
- Parents must have a child/children on a Family Reunification or Interim Accommodation Order with AOD treatment conditions as part of the order to access this program

Eligibility

Our intake staff will help assess if you meet the requirements for this program.

Contact

735 Pascoe Vale Road, Glenroy VIC 3046

Phone: (03) 9078 3840

Email: mysupport.medical@odyssey.org.au

Service partners

MYAF is a federally-funded AOD initiative supporting the Islamic population of north-west metropolitan Melbourne to access drug treatment services. MYAF is funded through the North Western Melbourne Primary Health Network and comprises a partnership of Alcohol and Drug providers:

- Odyssey House Victoria
- The Salvation Army
- Self Help Addiction Resource Centre
- Youth Support and Advocacy Service
- MY Centre



All service partners acknowledge the traditional custodians of Australia and welcomes all Aboriginal and Torres Strait Islander people to our services. We provide a safe and welcoming environment for everyone.