


Residential Peer Programs
Funded by the Australian Government Department of Health (DoH)



Recovery Support Service
RSS is a program of sharc

RSS provides shared community-housing and a structured alcohol and other drug day program for people aged 16 – 25 years old wishing to live drug-free. The program is based on peer support and offers participants a balance between structure and independence.



Oxford Houses
In partnership with Mind Australia. Funded by the Merrin Foundation.

Oxford Houses is a peer support-based program that offers drug-free housing in the community for people over 18 years old. A unique program, it provides residents with a peer-managed environment that encourages independence, cooperation and mutual help.

US Women's Program
Funded by the Grennet Foundation.

The USWRP provides safe, secure community-housing and groups for women over 26 years old wishing to live drug-free and join a supportive community of like-minded people. The program is based on peer support and offers residents links to helpful health, welfare and community resources.

Complex Recovery Coordination
Funded by the South Eastern Melbourne Primary Health Network (SEMPHN)



Family Drug Help (FDH)
FDH is a program of sharc

Funded by the Victorian Government Department of Health and Human Services (DHHS) and the South Eastern Melbourne Primary Health Network (SEMPHN)

Family Drug Helpline
The helpline is a 24 hour confidential telephone service. It provides support, information, strategies and referral to family members in need. Phone **1300 660 068**

Family Counselling
Our free state-wide counselling service is available to families and friends affected by someone's substance misuse.

Family Support Groups
Our support groups are an opportunity to connect with others who are having similar experiences. They have an educational component and offer a supportive forum for you to share what's going on for you.

InFocus Education Program
InFocus is a psychoeducational program developed for families and friends affected by someone's substance use. It offers practical support, relevant information, coping strategies and the opportunity for people to connect through their shared experiences.



BreakThrough
Ice education for families

BreakThrough is an education program for families about Ice. Developed and delivered in partnership with Turning Point and The Bouverie Centre. Funded by the Victorian State Government under the Ice Action Plan

FDH Newsletter
FDH Newsletter produced quarterly for those affected by someone's drug and alcohol use.

FDH Projects

- Muslim Youth, Adult & Family Program (MYAF)**, In partnership with Odyssey House Victoria, Youth Substance Abuse Service (YSAS), Salvation Army and MyCenter. Funded by North Western Melbourne Primary Health Network (NWMPHN).
- Families affected by problem gambling** Education program and Support Group. Funded by The Ian Potter Foundation

Peer Projects

Peer Education and Support
Our Peer Educators are professionals with lived experience who deliver psychoeducational modules through a peer support lens.

Currently delivered as part of the Therapeutic Day Rehabilitation, in partnership with Latrobe Community Health Service and Windana Drug & Alcohol Recovery.

Peer Support Capacity Building
Assisting the sector to introduce, develop and sustain peer activities and the Peer Workforce (fee for service). This includes:

- Peer Support Groups
- Peer Workforce Training and Development for both agencies and peer workers.
- Peer Leader Training
- Peer Worker Supervision

Peer Support Mentors in Justice
Our Peer Support Mentors provide one-on-one, face-to-face support to parents in an innovative, new program that's a first of its kind in Australia.

In partnership with Court Services Victoria (CSV) subcontracted by the Family Drug Treatment Court.



Association of Participating Service Users (APSU)
APSU is a service of sharc

Funded by the Victorian Government Department of Health and Human Services (DHHS)

Consumer Participation & Systemic Advocacy
APSU advocates that people who have been personally impacted by addiction, should be involved in decision making around policy, service delivery, training and research. In order to achieve that, APSU delivers training in consumer participation to service users, family members and service providers.

Peer Helper Training
Our 32-hour training is tailored for people with lived experience of addiction. The training comes from a strength-based approach, aiming to use participants' lived experience as a form of expertise that will allow them to efficiently support those who are still struggling with addiction.

Flipside Magazine
Our magazine Flipside is written by consumers for consumers. It is issued three times per year and covers a relevant and current topic.

Speaker Bureau
Our network of trained speakers with lived experiences of addiction and other issues are available to share their experience in public forums.

APSU Projects

- State Wide Consumer Participation Network** Funded the South Eastern Melbourne Primary Health Network (SEMPHN)
- Reducing Harmful Drug Use through Peer Led Networks** In partnership with Harm Reduction Victoria (HRV)
- Roadshow Project** In partnership with the Victorian Mental Illness Awareness Council (VMIAAC)